



ASSOCIATION OF PHYSICIANS OF INDIA
KERALA CHAPTER

**ANNUAL
MEET**

27th & 28th June 2026

**Anns Convention Center
Kottayam Town**

Patrons

Prof. Dr.K.V. Krishna Das

Prof. Dr.K.P. Paulose

Prof. Dr.Mathew Thomas

Chairperson API Kerala

Dr.T R Radha

Hon. Secretary API Kerala

Dr.Sojan K Scaria

Organizing Chairman

Dr.Rajeeb Muhammed

Organizing Secretary

Dr.Sue Ann Zachariah



Respected patrons, Executive committee members,
Members of the API Kerala chapter,

As you all know our annual conference of the API kerala chapter is taking place on 27 & 28th june at Anns Convention Center, Kottayam town.

It will be a full two days programme including many scientific presentations. There will also be lifetime achievement award ceremony, Professor Govindan Nair Memorial Free Paper Presentations and Poster Presentations. On 27th night there will be a grand banquet with excellent entertainment programmes.

we request all of you to block the dates and to make arrangements to positively attend the full conference.

The district representatives please circulate this brochure and others that follow in all the whatsapp groups of the physicians club across the state. please also make sure that no internal medicine related conferences happen in these two days .

Hon secretary Dr.Sojan K Scaria will be calling all the district executive committee representatives individually these days.

We request the full cooperation of all of you to make this annual meeting API chapter conference to success.

Chairperson API Kerala
Prof.Dr.T R Radha

Hon secretary API Kerala
Dr.Sojan K Scaria

**Kerala State Medical Councils of Modern Medicine
has granted 4.5 credit hours for the programme.
(KSMCT/552/2026-C6 Dated: 28/05/2026)**

SCIENTIFIC PROGRAMME

DAY 1 27/06/2026 **SATURDAY**

PROGRAMME SCHEDULE

8.00am – 9.00 am

Registration

TIME

TOPIC & NAME OF SPEAKER

TOPIC - 1

9.00am – 9.30am

PYREXIA OF UNKNOWN ORIGIN

Speaker :

Prof. R. N. Sharma

Former HOD, Internal Medicine, Medical College, Kottayam

Chairpersons

Prof. K P Paulose

Patron, API Kerala Chapter

Prof. Suma T K

Past Chairperson, API Kerala Chapter

TOPIC - 2

9:30 AM – 10:00 AM

**PROTEIN ENGINEERING FOR REDUCED INSULIN BURDEN:
THE ADVENT OF ICODEC**

Speaker :

Dr. Joe George

Senior Consultant Endocrinologist &
Director, Endodiab Group of Institutions

Chairpersons

Prof. Abraham Ittyachen

Prof and HOD Internal Medicine, MOSC Medical College Kolenchery

Dr. Anil Kumar

Past Chairperson, API Kerala Chapter

TOPIC - 3

10:00 am – 10:30 am

DESIGNS OF LIFE – SIMPLE APPROACH TO ECG

Speaker :

Prof. Sudayakumar N

Former HOD, Cardiology & Former Director of Medical Education

Chairpersons

Prof. Sunil Mathew

HOD Internal Medicine , Pushpagiri Medical College, Thiruvalla

Prof. Peter George

Prof. Internal Medicine M.O.S.C Medical College, Kolencherry

10.30 am – 10.45 am

TEA BREAK

TOPIC - 4

10:45 am – 11:15 am

Speaker :

SEPSIS – NEW GUIDELINES SIMPLIFIED

Dr. Jacob George Pulinikunnathil
HOD, Critical Care, Caritas Hospital

Chairpersons

Prof. Chandini R
Past chairperson, API Kerala Chapter & Member
Management Committee National API
Prof. Reni Issac
Prof. Internal Medicine, GMC, Manjeri

TOPIC - 5

11:15 am – 11:45 am

Speaker :

**ADULT IMMUNISATION – WHAT'S EFFECTIVE AND
WHAT'S COST EFFECTIVE?**

Dr. Anup Warriar
HOD, Infectious Diseases, Aster Medcity, Cochi

Chairpersons

Prof. K Vijayakumar
Former Prof and HOD Internal Medicine GMC, Kottayam
Dr. Sajeesh Asokan
Sr. Consultant & Past National President, Geriatric Society of India

TOPIC - 6

11:45 am – 12:15 am

Speaker :

**24 HOURS THAT MATTER – AMBULATORY
BLOOD PRESSURE FOR BETTER DECISIONS**

Dr. Rojith Balakrishnan
Asst. Professor, Govt. Medical College, Kozhikode
Joint Secretary, API Kerala Chapter

Chairpersons

Dr. Janardhana Naik CH
Consultant Internal Medicine, GH Kasaragod
IMA Kasaragod Chairman, President GSI Kasaragod
Executive Member of GSI Kerala and National
Dr. Jinraj Kumar
Executive Committee Member, Kollam

TOPIC - 7

12:15 pm – 12:45 pm

Speaker :

**VITAMIN D DEFICIENCY IN INDIA – IS IT HYPE?
HOW TO DIAGNOSE AND MANAGE COST EFFECTIVELY**

Prof. P. K. Sasidharan
Former HOD Internal Medicine, Govt. Medical College Kozhikode

Chairpersons

Dr. A Shaji Khan
Sr Consultant Internal Medicine, Executive Committee Member API Kerala
Dr. Mahesan N
Executive Committee Member, Alappuzha

TOPIC - 8

12:45 pm – 1:15 pm

Speaker :

Chairpersons

SNAKE ENVENOMATION – EVALUATION AND MANAGEMENT

Prof. Jayeshkumar P.

HOD, Emergency Medicine, GMC Kozhikode

Dr. N Ramesh Nair

Past Chairperson , API Kerala chapter

Dr. Alexander K George

Past Chairperson, API Kerala Chapter

1:15 PM – 2:00 PM

Lunch Break

TOPIC - 9

2:00 pm – 2:30 pm

Speaker :

Chairpersons

JOURNAL WATCH

Prof. Mathew Thomas

PATRON, API KERALA STATE

Dr. John Varghese

Sr. Consultant Internal Medicine, C M Hospital, Pandalam

Dr. Kishore

Sr. Consultant Internal Medicine, Kasaragod

TOPIC - 10

2:30 pm – 3:00 pm

Speaker :

Chairpersons

TRANSFUSE OR REFUSE – EVIDENCE BASED INDICATIONS FOR BLOOD COMPONENT THERAPY

Dr. Chitra James

Associate Professor & Head of Transfusion Medicine, GMC, Kottayam

Dr. Sunil Antony

Sr. Consultant Internal Medicine, Believers Church Hospital, Thiruvalla

Dr. Aparna Chandrasekhar

Sr. Consultant Internal Medicine, Bharath Hospital, Kottayam

TOPIC - 11

3:00 pm – 3:30 pm

Speaker :

Chairpersons

MAGNESIUM – THE FORGOTTEN ELECTROLYTE

Dr. Suresh Gopinath Ambat

Senior Consultant Nephrologist Caritas and Bharath Hospitals

Dr. Joseph Vinu

Consultant Nephrologist, Holly Cross Hospital

Secretary, Kollam Physician Club

Dr. Arun NM

Sr. Consultant, Internal Medicine, palakkad

TOPIC - 12

3:30 pm – 4:00 pm

COMPREHENSIVE HAEMOPHILIA CARE – FROM ACUTE BLOOD MANAGEMENT TO NOVEL THERAPEUTIC FRONTIERS

Speaker :

Dr. Athulya G. Asokan
Asst. Professor, GMC Kottayam

Chairpersons

Prof. Mohan Varghese
Prof. Internal Medicine, Believers Church Hospital, Thiruvalla
Prof. Tomy Philip
Prof. Internal Medicine, Pushpagiri Medical College, Thiruvalla

TOPIC - 13

4:00 pm – 4:30 pm

UPDATES IN GRAM NEGATIVE INFECTIONS

Speaker :

Dr. Netto George Mundadan
Asst. Professor, GMC Kottayam

Chairpersons

Dr. Shiji P V
Sr. Consultant Internal Medicine,
Executive Committee Member, Calicut
Dr. Anjali
Asst. Prof Internal Medicine, GMC Wayanad

INTERVAL

7:00 pm

INAUGURATION

Prof. C P Vijayan
Pro. Vice Chancellor, Kerala University of Health Sciences, Trichur

LIFETIME ACHIEVEMENT AWARD CEREMONY

Recipient

Dr. G Vijayakumar
Physician, Diabetologist and Researcher
Central Travancore, Kerala

7:45 pm

onwards **BANQUET**

DAY 1 (HALL B)

POSTER PRESENTATION

10.30 AM- 11.30 AM

JUDGES

20 INTERESTING POSTER PRESENTATION

Dr Sangamithra (IN -CHARGE)
Prof Former HOD Internal Medicine GMC Kottayam

Dr Lijo Mathew
Addl.Prof GOVT TDMC Alappuzha

Dr Irshad
Asso.Prof Internal Medicine GMC Kottayam

Dr Anoop Kumar
Asso.Prof Internal Medicine GMC Kasaragod

Dr Athulya
A.P Internal Medicine GMC Kottayam

Dr Sreevidya
A.P Internal Medicine GMC Kottayam


Dr Sujeesh
Asso.Prof Internal Medicine GMC Idukki

Dr Suneeth
A.P Internal Medicine GMC Kochi

SCIENTIFIC PROGRAMME

DAY 2 28/06/2026 **SUNDAY**

PROGRAMME SCHEDULE

8.00am – 9.00 am	Executive Committee Meeting
8.00am – 9.00 am	Registration
TOPIC - 1	
9.00am – 9.30am	APPROACH TO SPONDYLO ARTHROPATHY
Speaker :	Prof. Jijith Krishnan Prof. of Internal Medicine, GMC, Kottayam.
Chairpersons	Prof. Jacob Antony Prof Internal Medicine and Head of Rheumatology, GMC Thiruvananthapuram Dr.Ajith Kumar S Senior Consultant, Executive Committee Member, Thiruvananthapuram
TOPIC - 2	
9:30 AM – 10:00 AM	STIs ARE BACK PREPARING FOR THE CHANGING LANDSCAPE
Speaker :	 Dr.Trupti Gilda Infections Diseases Physician Unison Medicare and Research Centre, Mumbai
Chairpersons	Prof. Sajith kumar Emeritus Prof of Infectious Disease, GMC, Kottayam. Prof. Balakrishnan Valliyott Prof Internal Medicine , Kannur Medical College.
TOPIC - 3	
10:00 am – 10:30 am	Dr. T.K. Raman Memorial Oration LIVING WILL-THE ULTIMATE RIGHT OVER ONE'S LIFE
	Prof B Padmakumar Former Professor of Internal Medicine and Former Principal Government TD Medical College, Alapuzha.
10.30 am – 10.45 am	TEA BREAK
TOPIC - 4	
10:45 am – 11:15 am	PRESIDENTIAL ORATION
	Prof. Radha T R Chairperson, API Kerala chapter

11:15 am – 12:00 pm

GENERAL BODY ELECTION OF NEW OFFICE BEARERS

TOPIC - 5

12:00 pm – 1:00 pm

**PROF. R GOVINDAN NAIR MEMORIAL
BEST PAPER AWARD SESSION**

JUDGES

Dr. Harish Kumar G

Senior Consultant Internal Medicine, Pala

Dr. Sujith S Nair

Senior Consultant, Moulana Hospital, Perinthalmanna

Dr. Ajmal Nazir N

Associate Professor Department of Internal Medicine, Perinthalmanna

1. Study correlating the clinical profile and renal function based on Oxford MEST-C Histological Severity in IgA Nephropathy. Dr Pooja Mohan
2. Clinical, Laboratory, And Electrophysiological Predictors of Respiratory Failure In Guillain-barré Syndrome A Cross-Sectional Study from a Tertiary Care Centre in Kerala, India. Dr. Mary Titty Joseph
3. Autologous Stem Cell Transplantation : Institutional Experience from South Kerala. Dr. Aamir Shamas
4. Association Between Glycaemic Control And Metabolic Dysfunction-associated Steatotic Liver Disease (MASLD) In Patients With Type 2 Diabetes Mellitus: A Cross-Sectional Study From A Tertiary Care Center In Central Kerala. Anna Joe
5. Comparison of National Early Warning Score 2 (NEWS2) and Quick Sequential Organ Failure Assessment (qSOFA) for Predicting In-Hospital Mortality in Patients with Sepsis. Dr Rose Merin Joseph

1:00 pm – 2:00 pm

LUNCH BREAK

TOPIC - 6

2:00 pm – 3:00 pm

C.P.C

PROTOCOL - Prof.R.Krishnan

DISCUSSANT - Prof.M.V.Muraleedharan

TOPIC - 7

3:00 pm – 3:30 pm

**NAVIGATING THE SPECTRUM OF CML
CURRENT STANDARDS AND EMERGING TRENDS**

Speaker :

Dr. Gayathri Gopan
Consultant Medical Oncologist
GG Hospital, Thiruvananthapuram

Chairpersons

Prof. R V Jayakumar
Former Prof and HOD Internal Medicine GMC Kottayam
Dr. Sheela Kurian V
Former Prof and HOD Department of Internal Medicine, Kottayam

TOPIC - 8

3:30 pm – 4:00 pm

SCD-VIGNETTES & POTASSIUM CONUNDRUM

Speaker :

Dr.P.R.Bhima Sankar
Senior Consultant Cardiologist and Electrophysiologist
Caritas Hospital

Chairpersons

Dr. Amirthlal
Senior Consultant Internal Medicine, Dr.Nairs Hospital, Kollam
Dr.Anil Mathew
Senior consultant , KIMS Hospital, Kottayam

TOPIC - 9

4:00 pm – 4:30 pm

**RECENT ADVANCES IN DIAGNOSIS AND
MANAGEMENT OF COPD**

Speaker :

Dr.P.Arjun
Senior Consultant & HOD,
Pulmo - KIMS Health, Thiruvananthapuram

Chairpersons

Dr. P Sukumaran
Former Prof and HOD Department of Pulmonary
Medicine GMC, Kottayam
Dr. Rajesh Menon
Senior consultant Department of internal medicine ,
Bharath Hospital, Kottayam

4:30 pm

VALEDICTORY FUNCTION

DAY 2 (HALL B)

POSTER PRESENTATION

11.00 AM - 12.00 PM

JUDGES

24 INTERESTING POSTER PRESENTATION

Dr Sangamithra (IN -CHARGE)

Prof Former HOD Internal Medicine GMC Kottayam

Dr Lijo Mathew

Addl.Prof GOVT TDMC Alappuzha

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A.P Internal Medicine GMC Kottayam

Dr Sreevidya

A.P Internal Medicine GMC Kottayam

Dr Sujeesh

Asso.Prof Internal Medicine GMC Idukki

Dr Suneeth

A.P Internal Medicine GMC Kochi

PATRONS



Prof KV Krishnadas



Dr K P Paulose



Dr Mathew Thomas



Dr. T R Radha

Chairperson, API Kerala Chapter



Dr. Sojan K Scaria

Secretary, API Kerala Chapter.



Dr. Rajeeb Muhammed

Organising chairman



Dr. Sue Ann Zachariah

Organising Secretary

Places to Visit in Kottayam

- Kumarakom & Vembanad Lake
- Illikkal Kallu
- Malarikkal Village Tourism
- Ilaveezhapoonchira
- Aruvikuzhy Waterfalls
- Poonjar Palace
- Vagamon

For Accommodation

Please Contact :

Dr Jacob Cyriac - +91 94968 01577

REGISTRATION FEE

	Before 31 st May	After 31 st May
API Members	₹ 3500	₹ 4000
API Non Members	₹ 4000	₹ 4500
Postgraduates/Senior Resident	₹ 2000	₹ 2250
Accompanying Person	₹ 3000	₹ 3000
Accompanying Person (Banquet only)	₹ 1500	₹ 1500

ONLINE REGISTRATION
QR CODE



ACCOUNT DETAILS :

Name of Account : Kottayam Physicians Club

Name of Bank : IDBI Bank

Account No : 0027104000234085

IFSC Code : IBKL0000027

PAN : AADTK9321R

SCAN & PAY



Organising Secretariat :

Hon'ble Secretary API Kerala Chapter

Dr. Sojan K Scaria

Mob: +91 9495 021 578

Organising Secretary

Dr. Sue Ann Zachariah

Mob: +91 9847 066 399

E-mail : secapikerala@gmail.com