

13. **Snowing Calcium**

Author: Dr. Balamurugan, Dr. Sibi Narayanan, Dr. Aruna, Dr. Ravi Kumar Kurup,  
Govt. Medical College, Thiruvananthapuram

14. **An unusual case of Quadriplegia**

Presenting Author: Dr. Blessy Josephine, Dr. P V Bhargavan, Dr. Ummer, BMH, Kozhikode

- NB ✱ All post Graduate Students are requested to submit the letter from Head of the Department of Medicine to avail the benefits
- ✱ Kindly note that the author must be a member or an Associate member (for MD/DNB students in Medicine) of API Kerala Chapter
- ✱ We request the help of all Faculty Members (Speakers and Chair Persons) to conduct the session on time.

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## ASSOCIATION OF PHYSICIANS OF INDIA KERALA STATE CHAPTER

### CME & 44<sup>th</sup> ANNUAL CONFERENCE OF API KERALA CHAPTER

18<sup>th</sup> & 19<sup>th</sup> January 2020 (Saturday & Sunday)

The Quilon Beach Hotel & Convention Centre, Kollam



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Dear Members & Friends,  
WISHING YOU AND FAMILY  
A GREAT TIME

We are extremely pleased to announce that the 18<sup>th</sup> & 19<sup>th</sup> Annual Conference of API Kerala Chapter to be held at the Quilon Beach, Kollam on 18<sup>th</sup> & 19<sup>th</sup> January. Eminent speakers of National and International repute in the field of medicine which are of clinical importance and are relevant to the current scenario will be participating. This is a unique learning opportunity will encourage you to participate.

Kollam or Quilon was one of the major commercial centre and the major cities during that time. Later, it became an artistic and spiritual centre. Kollam is an enchanting town with a rich history. Thiruvananthapuram, Kollam is the cashew producing industry. It is often regarded as the most beautiful city in Kerala even after the conference.

We have Workshop presentations. We also have oral presentations. We also have poster presentations on 18<sup>th</sup> January 2020.

I take this opportunity to thank the President of Medicine, Govt. Medical College Thiruvananthapuram and current President of Medicine, Govt. Medical College Thiruvananthapuram for the prestigious **The Life Time Achievement Award** conferred on Prof. Dr. R Govindan Nair Memorial Award for the best student of Medicine will be held and the award will be given to the student who has done the best in the field of medicine. We have oral (Free papers) and posters presentation on 19<sup>th</sup> January 2020.

The new office-bearers of API Kerala State Chapter will be elected during the General Body Meeting on 19<sup>th</sup> of January. The Organising Committee has made all arrangements for a memorable conference at Kollam. We will provide transportation, stay or any other requirement. Please register for the conference sufficiently in advance.

We thank all API members, Executive Members and all who have given the guidance, blessings, support and encouragement for all our activities.

We look forward to meeting you with your family and colleagues at Kollam. We assure you a truly memorable scientific feast. Let us all join our hands to strengthen API Kerala Chapter.

Yours Sincerely

**Dr. R Sajith Kumar**  
President, API Kerala State Chapter

**Dr. G Harish Kumar**  
Secretary, API Kerala State Chapter

PATRONS

**Prof. Dr. K V Krishnadas**

**Prof. Dr. K P Paulose**

## CME -18<sup>th</sup> JANUARY 2020

## SCIENTIFIC PROGRAMME

08.00 am - 09.00 am : **REGISTRATION & BREAKFAST**

08.45 am - 09.00 am : **INAUGURATION OF CME**

09.00 am - 09.25 am : **"Use & Misuse Of PPI"**

Speaker : **Prof. Dr. M Narendranath MD, DM, MPH (USA)**

Senior Consultant in Gastroenterology Cosmopolitan & CG Hospital, Thiruvananthapuram

Chairpersons : **Dr. R Legha, Kollam, Dr. C S Kesavan, Kottayam**

09.25 am - 09.50 am : **"Resistant Bronchial Asthma"**

Speaker : **Dr. Sanjeev Nair, MD, DTCD, DNB**

Addl. Professor, Dept. of Pulmonary Medicine, Govt. Medical College, Thiruvananthapuram.

Chairpersons : **Dr. P K Benjamin, Thiruvalla, Dr. Sreekanth, Kollam**

09.50 am - 10.10 am : **"Approach to Adrenal Hypofunction"**

Speaker : **Dr. Thomas V Paul MD, DNB, Ph.D (Endo)**

Prof & Head, Dept Of Endocrinology, CMC, Vellore

Chairpersons : **Dr. Amrithlal, Kollam, Dr. Sunil Mathew, Thiruvalla**

10.10 am - 10.25 am : **TEA BREAK**

10.25 am - 10.50 am : **"Newer Concepts In Antimicrobial Resistance"**

Speaker : **Dr. O C Abraham MD, MPH, FRCP**

Professor, Dept. Of Medicine, CMC, Vellore

Chairpersons : **Dr. Suma T K, Alappuzha, Dr. P R Rajeev, Pathanapuram**

10.50 am - 11.15 am : **"New & Emerging Drugs in the treatment of Rheumatoid Arthritis"**

Speaker : **Dr. Vishad Vishwanath M.B.B.S, MD, DM (Clinical Immunology)**

Chairpersons : **Dr. Nandakumar, Changanachery, Dr. Jacob Antoney, Thiruvananthapuram**

11.15 am - 11.45 am : **"Pragmatic Approach To Diagnosis & Management of Parkinson's Disease"**

Speaker : **Dr. Syam Krishnan Nair MD, DM (Neuro)**

Professor of Neurology, Comprehensive Centre For Movement Disorders, SCTIMST, Thiruvananthapuram

Chairpersons : **Dr. K Vijayakumar, Kottayam, Dr. Sesh S, Kollam**

11.45 am - 12.10 pm : **"Heart Failure Management-State Of The Art"**

Speaker : **Dr. Ashokan Nambiar MD, DM(Cardio)FACC**

Senior Consultant & Chief of Cardiology, Baby Memorial Hospital, Kozhikode

Chairpersons : **Dr. Anil Ruby, Kollam, Dr. Tomy Philip, Thiruvalla**

12.10 pm - 12.30 pm :

Chairpersons :

12.40 pm - 01.00 pm :

Chairpersons :

01.00 pm - 01.15 pm :

01.45 pm - 02.00 pm :

Conductors :

02.30 pm - 02.45 pm :

(Cardio)

Chairpersons :

02.50 pm - 03.15 pm :

Speaker : **Dr. Suresh Nair MD, DA, FIACCTA(Hon), FTEE (Hon)**

Lead Consultant

Chairpersons : **Dr. Mohan**

03.15 pm - 03.40 pm : **"Toxic Envenomation Is Not Just Snake Bite Envenomation"**

Speaker : **Dr. V V Pillay MD**

Chief of Poison Control Unit

Prof & HOD Forensic Medicine

Chairpersons : **Dr. Santhosh K, Kottarakkara, Dr. S**

03.40 pm - 04.05 pm : **"Insulin Therapy In Special Situations"**

Speaker : **Dr. Palaniappan MD, FICP**

Senior Physician & Diabetologist, Guzilamp

Chairpersons : **Dr. G. Vijayakumar, Kulanada, Dr. Joseph Babu, K**

04.05 pm - 04.30 pm : **"An Aproach to Thrombocytopenia"**

Speaker : **Dr. Chepsy C Philip MD(CMC Ludhiana), DM(CMC Vellore)**

Consultant Haematologist, BCMCH, Thiruvalla

Chairpersons : **Dr. K G Sajeeth Kumar, Kozhikode, Dr. Mansoor CA, Perinthalm**

04.30 pm - 05.10 pm : **Quiz Based on CME Topics & Win Attractive Prizes**

06.00 pm : **Life Time Achievement Award Ceremony Along With Inauguration Function, Cultural Evening & Banquet Dinner**

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08.00 am - 09.00 am : **EXECUTIVE COMMITTEE MEETING BREAKFAST**

08.30 am - 09.00 am : **"Clinical Challenges in Medicine" (6+2 Minutes Each)**

Chairpersons : **Dr. Jose John Kokath, TVM, Dr. Janardhana Naik, Kasargod, Dr. Dinesh Nair, Kuvuvilangadu**

1. **A Case Of Myocardial Infarction In A Young Female of 28s**  
Presenting Author : **Dr. Anjali vijayan, Dr. S Bhasi, Dr. S S Binu,**  
Sree Gokulam medical College and Research Foundation, Venjaramoodu, Trivandrum
2. **A Case Of Quadriparesis**  
Presenting Author : **Dr. Sreegopal. M. Prabhu, Dr. Sheela Kurien, Dr. Irshad Ali, Dr. Aleena**  
Govt. Medical College, Kottayam
3. **The Silent Nodule**  
Presenting Author : **Dr. Aisha Febina M.C, Dr. R Legha, Dr. Jayaprakash, Dr. Sanal Mohan**  
Dr. Arun Raj C.N, Travancore Medical College, Kollam
4. **The Woman without a pulse**  
Presenting Author : **Dr. Priyanka Sinha, Dr. Sunil Mathew, Dr. Abraham Varghese, Dr. R N Sharma**  
Pushpagiri Medical College, Thiruvalla

09.00 am - 09.30 am : **"The Highs and Lows Of Calcium Metabolism"**

Speaker : **Sagen Elizabeth K. Zac-Varghese**

**Bsc (Hons), MBChB, PhD, FRCP (UK) (Endo), FHEA, Med in ULT**  
Consultant in Diabetes, Endocrinology & General Medicine, East & North Herts NHS Trust, UK

Chairpersons : **Dr. Alexander K George, Kollam, Dr. Sanghamithra, Kottayam**

09.30 am - 10.00 am : **Presidential Oration 2020 " Current Trends In HIV Management"**

Orator : **Dr. R Sajit**

Prof of I

Prof of Medical Education &

Prof. Dr. T K Raman Memorial

12.05 pm - 01.05 am : **Prof. Dr. R Govindan Nair Memorial Award Paper**

**Session 2020** (7+3 minutes)

Judges :**Dr. P V Bhargavan**, Kozhikode, **Dr. Chandni R**, Kozhikode, **Dr. Anil Kumar S**, Kollam

1. Validity Of Head Impulse, Nystagmus, Test Of Skew (H.I.N.T.S): A 3 step Bed Test in predicting Posterior Circulation Ischaemic Stroke In Patients With Acute Vestibular Syndrome -  
**Dr. Ijaz Mohd Khan**
2. To Find Out The Serotypes And Clinical Profile Of Dengue Fever Patients and Relation Between Dengue Serotypes And Severity Of The Disease- **Dr. Naufal N**
3. To Assess The Change In Glomerular Filtration Rate Among Patients Treated For Hypothyroidism-  
**Dr. Sharon Shallam**
4. Bacteriological Profile And Antibiotic Sensitivity Pattern In Sputum Culture of Patients With Infective Exacerbations Of COPD - **Dr. Lindo Thomas**
5. Early Estimation of High Sensitivity C-Reactive Protein (hsCRP) in Acute Ischemic Stroke and its Association with Prognosis- **Dr. Mohammed S Khan**
6. Clinical Profile Of Patients With Fever And Thrombocytopenia In A Tertiary Care Hospital-  
**Dr. Nasarudheen K**

01.05 pm - 02.00 pm : **LUNCH BREAK**

02.00 pm - 02.25 pm : **"Anti-thyroid Drugs In Pregnancy"**

Speaker : **Dr. P K Jabbar MD, DM, DNB, FRCP**

Prof & Head, Dept Of Endocrinology, Govt. Medical College, TVM

Chairpersons : **Dr. Balakrishnan Valliyot**, Kannur, **Dr. Prasanthakumar**, Kottayam

02.25 pm - 02.50 pm : **"Approach To Asymptomatic Pyuria"**

Speaker : **Dr. Joseph Vinu MD, DNB, DM, DNB**

Con. Nephrologist, Holycross Hospital, Kottiyam, Kollam

Chairpersons : **Dr. Sreedas G**, Kollam, **Dr. Paul Noble**, Kochi

02.50pm - 04.00 pm : **Clinical Presentations in medicine (6+2 Minutes)**

Chairpersons : **Dr. Ashwini Kumar**, Thiruvananthapuram, **Dr. Belcita A**, Kollam,

**Dr. Prasanna Kumar**, Kochi

1. **An Extraordinary**

Presenting Author : **Dr. Ajmal K M** **Dr. Nilkumar S** **Dr. Devas**